# How to Cast an Anus

Lots of fun for you and a friend

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## List of materials in the kit

2 x bowls for plaster casting (plus 2 x spares)
2 x sticks for mixing materials and applying alginate
3 x 10 g Body casting alginate
2 x 200 g Fine casting plaster

## Items you will need

Water
Measuring jug
An open-minded friend
A spare bowl for mixing materials
A small amount of Vaseline (to help prevent hairs getting caught in the alginate)
Couple of small coins or chewing gum (optional)

The following pages will tell you everything you need to know about casting an anus, but it's important to follow the instructions of how to mix the various materials properly. These are listed in this guide and on our Youtube instructional playlist (link below). We recommend you watch these first as it's good to see these things in real time.

## Our Youtube instructional playlist can be found here

Watch all the videos then follow the procedures below
https://www.youtube.com/watch?v=XPfy4qDEF5U&list=PLB54eyB8XdcVLH3d20_2RkdYodiAIBuTE

https://www.edibleanus.com/castinginstructions (to download this pdf with hyperlinks)

## Contents

On the following pages we will firstly give you instructions on how to mix the various Materials. Read the instructions and watch the videos before diving in.

Once you are familiar with the mixing processes, we've set out a step by step guide, with stills from the video to have you casting in no time.

Enjoy it and remember to relax those cheeks. A set of bum cheeks spread wide will give the best results. The optimal internal angle of the cheeks is 90 degrees.

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## Mixing the alginate

**This is the most important part of the process. Read both pages carefully before starting.**

Mix the alginate with water (you have approx. 3 mins before it sets) plenty of time, cold water is best. Pour 1 x bag of alginate into one of the paper tubs provided. Pour on 65 ml of water (4 tbsp approx.), stir vigorously for 1 minute until it makes a smooth glossy toothpaste consistency (see the photos below) and you've knocked out as many lumps as possible. You can now relax for a minute and make sure your model is ready. Keep stirring gently to feel if the mix starts to thicken. It should now be 2 minutes since you started mixing, and the alginate should be just right. You should have a minute before it goes off so no need to rush. Pour over the anus and use the wooden spatula to control it and build up a bit of depth. Once it begins to set, it will go off rapidly. Once hardened, peel gently away from anus. Note that alginate never sets hard/rigid. Once it has gone off it will still remain soft and rubbery but won't receive any further impressions.

**Note:** ***We have given you 3 x bags of alginate as it will be a good idea to try out the mixing and setting process on the palm of your hand before you go to cast an anus. This will allow you to get a feel for the material and also the setting times. Setting time may vary slightly depending on temperature and humidity. Just cup your hand when ready and scoop the mixed alginate into it using the wooden spatula to control it. See photos below.***

Once you've done a trial run you are ready to cast an anus. Use before it sets by pouring over the anus and using the wooden spatula to control it and build up a bit of depth. Once it begins to set it will go off pretty quickly. You'll know it's gone off when the residue left in the tub has set. Once hardened, peel gently away from anus. Note that alginate never sets hard/rigid. Once it has gone off it will still remain soft and rubbery but won't receive any further impressions. Peel the set alginate from the tub and you can re-use the tub.

Get ready, set, go.

Start mixing, don't worry if it looks a little lumpy at first.

Finished mixing. It should look like glossy toothpaste.

Keep reading the next page before you start…

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## Mixing the alginate (cont.)

After removing the cast, trim down the outer edges and cut a flat surface on the bottom.

Test the alginate by casting the well of your hand. Pour it when it's fluid first.

Then build up some thickness. It might get a bit gloopy as it starts to set.

Carefully remove the cast once it's set. You should be able to see lots of detail.

Trim any ragged edges and cut the bottom of the cast to make it nice and flat.

It should sit nicely on the bottom of the tub, and will be ok to pour the plaster on.

You can place small coins on the edges to stop it rising when you pour the plaster.

Make 2 x casts so you can choose the best one. **Remember, the optimal internal angle of the model's cheeks is 90 degrees, for a perfect anus cast.**

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## Mixing the plaster

Measure out 100 ml of water into a small bowl and sprinkle in the plaster from one of the bags. Keep going until it forms an island breaking through the surface of the water.

Mix well and allow to stand for a minute until it becomes like double cream, then pour over the alginate cast. Pour smoothly trying to avoid catching air bubbles in the mixture. **Note:** ***the pictures below show the alginate inside a clay wall. You will be placing it into the tubs provided in the kit. You can stop the alginate from floating up in the plaster by placing a couple of small coins at the outer edges…chewing gum works well also. See photo on previous page of the alginate in a tub with coins on the edges.***

Once complete tap the tub gently a few times on a hard surface to remove air bubbles and then leave to fully set. It will get warm to the touch and will be ready to remove from the container after 15 - 20 mins.

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**Step 1**

Set aside a flat stable working area with all the materials from the kit laid out.

You will need to be organised during the alginate stage as once mixed it goes off in approx. 3 minutes, so make sure you can get from the table to the anus easily.

**Step 2**

Ask the “anus model” to drop their pants and rub a very thin layer of Vaseline around their anus. This will prevent any hairs getting caught up in the alginate. You don’t need much Vaseline AT ALL. Too much will prevent the fine detail from being captured.

Find a comfortable place for the “anus model” to lay down on their back with their legs in the air, bum pointing at the ceiling, and bum cheeks spread out at 90 degrees. Once they are happy with this position you can tell them to relax for bit while you mix the alginate.

**Step 3**

Mix the alginate as instructed above, and tell the model to get back into position. Just before you go over to apply the alginate.

**Step 4**

Pour and paste the alginate onto the exposed anus. Build up a thickness to the base. You will be trimming it down later. The important thing is to get the anus covered while the alginate is still fluid. This will then capture all the detail. Towards the end if it’s beginning to thicken don’t worry, you can blob it on to build up a bit of thickness.

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**Step 5**
Peel the set alginate from the model and put to one side on your work table. It will still be rubbery but you should be able to see plenty of detail.

**Step 6**
Repeat the alginate stages so you have 2 x alginate casts.

**Step 7**
Trim the alginate casts and flatten the bottoms so they will set nice and flat in the casting tubs. Place in the middle of the first casting tub. *See pictures in the mixing the alginate section of these instructions. Remember the coins or gum to hold it in position.*

**Step 8**
Mix the plaster for one cast only. *Remember to form an island of plaster that breaks the surface before mixing. Mix thoroughly to avoid lumps.*

**Step 9**
Pour the plaster over the alginate cast. Slowly and carefully to avoid trapping air bubbles and making sure the plaster gets all over the detail in the alginate cast. Give the tubs a few gentle taps on the work surface to dislodge any air bubbles once you've finished pouring.

**Step 10**
Repeat the plaster stages for the second alginate cast.

**Step 11**
Allow both casts to go off while you clean up!

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**Step 12**
Tear off the casting tubs, and dig out the alginate. This should now reveal the final anus impression.

**Step 14**
Place the casts somewhere warm and dry for 24 hrs. On top of a radiator is perfect.

**Step 15**
You are free to cut down and model you plaster cast as you see fit, or you can send it to us to transform into beautiful and unique object d'art. *See the next page for further details and our prices*.

Special thanks to our model Mr. C. Brian Smith of melmagazine.com, and Mr. Tom Miles of tmphoto.co.uk, for his video and photography.

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**Want your plaster cast immortalised in solid Silver or Bronze to become a treasure forever?**

We can take your plaster cast and immortalise it in Solid Silver or Bronze to become the ultimate keepsake! Simply post us the finished plaster cast we will chop it down and spend a considerable amount of time smoothing and polishing to prepare it for metal casting.

During this process the original plaster positive will have a mould made of it that can be re-used multiple times so it truly can become the gift that keeps on giving. You will own this mould in its entirety. We will then cast it into a rough/unpolished state before sending it to our highly experienced Hatton Garden jeweller who will polish and smooth the cast to reveal an eternal lustre. Silver anuses will then be stamped and hallmarked before making a custom ring box to present the finished artwork at its best.

Price for Hallmarked Solid Silver - £ 600.00
Price for Solid Bronze - £ 550.00

**Note:** due to the number of people/companies involved in finishing a cast, it can take up to 3 months to complete. Please factor this in and allow plenty of time.

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## Contact Us

Captain Mango Ltd.
*We've all got one and they are all different!*

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